

## **Marriages are made in heaven**

Marriages are made in heaven. That is good comparison. Marriage is a harmony, where, one should see himself or herself in others shoes. If it's understood, even the heaven is next to this, if not even the Hell is better than this.

TMOD, Fellow Toastmasters and distinguished guests, a warm good evening to you all.....

One can write books on marriage... One can simply live a happy married life and do not write anything... And one can have both! So I go for both; and want to share with you some important principles of leading a happy married life.

Marriage is a 'life relationship' between two people. A few principles, techniques and methods can be followed by the couple to strengthen and protect their marriage relationship. It is a fact that more and more marriages are ending up in divorce. The good news is that there are few principles if applied consistently can save a marriage from the disaster.

Recently one of my friends got married. Guess what, instead of harmony life, he seems to be worried and always thinking and looks lost. At the beginning everything looked nice but something was there inside which was not allowing both the couple to live happily. My friend was successful in his career and also reached a comfortable position in terms of wealth. But what happened was that every day, he was just carrying and felt overloaded and stressed. Just to give a background, upon completion of his engineering course he started his career with a multinational company and had achieved great success. All friends admired his life style, a noteworthy income, a large villa, a fast sport car and enjoyment of lavish annual holidays. But unfortunately he neither enjoyed his achievements nor felt successful. He was reaching home late night and wife was welcoming with a series of shootings. Each and every day and night both were arguing and blaming each other. Finally, one day his wife had left him alone and moved to her parent's house.

Later he called and consulted all the friends to give suggestions on how to patch up this damage. Each and every one suggested the things according to their knowledge. Finally I told him that it is better to get counseling, join art of living and read useful books about Successful married life principles. He accepted these suggestions and learnt a lot on how to get rid of all his worries and lead a happy married life.

He shared some of the married life principles which would be helpful to all mankind. To lead a happy married life we need to scrutinize the benefits of adopting various principles and clarifying with the spouse, the value, purpose, role, appreciation etc.

What are the factors causing marriage problems?

- 1. The reason we decided to get married**
- 2. Pressure from our environment**
- 3. Insecurity**
- 4. Sudden love**
- 5. Immaturity**
- 6. Wellness**
- 7. Non-logical thinking**
- 8. Our great mouth**
- 9. Lack of communication**

**Marriage Principles for a happy marriage are:**

- 1. Be fair, you are not always correct**
- 2. Do not promise anything you cannot do**
- 3. Everybody makes mistakes**
- 4. Respect to be respected**
- 5. Be consistent**
- 6. Be open for discussion with your partner**
- 7. Do not take advantage of your superiority**
- 8. Make mutual decisions with your partner**

Marriage is, in essence, the substantial union of two people and the maintenance of an oath that they will be next to each other in good and bad times.

If we accept that we have married for all the right reasons, i.e. love, the companionship, communication, and the absolute agreement of the heart with the logic, then what are these reasons, mistakes or marriage principles if not followed shall eventually lead to marriage disaster?

The deadlock in marriage depends on the conditions and character of every human being. A marriage ends when the two people cease to care for each other. This is the result of many emotional processes such as anger, bitterness, stress and depression, envy and fraud, lost confidence, low self esteem and of course the wrong choices, as well as not following the most common marriage principles and lack of communication.

So my dear Fellow toastmasters, it is most essential that both couple decide together about their children, education, achievements in life, creating wealth, building a new house etc. to have a peaceful married life. The understanding, sharing are like the strong pillars. I wish that you use these techniques and make the married life better than a hell!!!!!!

Always remember a great quote of Mr. Oden Nash about marriage principle. To keep your marriage brimming with love in the wedding cup, whenever you're wrong, admit it; whenever you're right, just shut up.....